





## Class 2

Tuesday 19th May

### Daily Timetable

<p>9:00-9:30 am</p> 	<p><u>P.E</u></p> <p>Either go to the other class pages and try their exercises videos or follow Jo Wicke's workout on YouTube.</p>
<p>9:30 – 9:45 am</p> 	<p><u>Mental Arithmetic</u></p> <p>Year 2 – continue practising times tables on TT Rockstars or 'hit the button'</p> <p>Year 1 – play 'hit the button' – addition and subtraction within 20 or make 20.</p> <p><a href="https://www.topmarks.co.uk/maths-games/hit-the-button">https://www.topmarks.co.uk/maths-games/hit-the-button</a></p>
<p>9:45 – 10:15am</p>	<p><u>Experience</u></p> <p>To understand how nutrients help our body</p> <ol style="list-style-type: none"><li>1. I can name the types of nutrients on the nutrient pyramid</li><li>2. I can write down what each nutrient does for our bodies</li></ol> <p>Look at the powerpoint 'nutrients'. Yesterday we looked at the eatwell plate. How does it compare with the nutrient pyramid? Using the powerpoint to help you, write down how proteins, carbohydrates, fats, vitamins, minerals and fibres help our body.</p> <p>We have been learning lots of new vocabulary already this week. Ask someone to ask you which new words you have learnt so far. They might include: Nutrients, eatwell plate, diet, proteins, carbohydrates, fats, oils, vitamins, minerals and fibres.</p>

	<p>At the end of the lesson, look back at the success criteria. Did you meet the success criteria? Which ones did you meet? Write the success criteria you met at the bottom of your work. If you can, think about what your next step could be. How could you improve your work?</p>
<p>10:15 – 10:30</p> 	<p>Breaktime - have a healthy snack and play.</p>
<p>10:30– 11:00</p> 	<p>Reading – <u>Please note the changes below for RWI phonics.</u>  <i>Oxford Owl have made available for parents all the ebooks linked to each RWI level. This means we no longer need to upload the books to the webpage. Instead, please go to the webpage below. If you go onto 'ebooks' then you will need to register (this is free of charge) and then you will be able to access all the ebooks and choose the correct banded level for your child. Please note that the RWI phonics scheme is based on lots of repetition. Therefore, we usually read the same book about 3 or 4 times before moving onto a new book. For some children they may need to read it more than this to ensure they are completely fluent in reading the book (no sounding out).</i>  <a href="https://home.oxfordowl.co.uk/reading/reading-schemes-oxford-levels/read-write-inc-phonics-guide/">https://home.oxfordowl.co.uk/reading/reading-schemes-oxford-levels/read-write-inc-phonics-guide/</a></p> <p><i>This website also provides lots of other information for parents about phonics. It has other resources on here too should you wish to explore!</i></p> <ul style="list-style-type: none"> <li>• For every phonics session, please continue to watch the set 3 speed sounds at 10:30 on the Ruth Miskin Youtube channel. Then read a book from the webpage detailed above.</li> </ul> <p>Guided reading – for those of you in guided reading, please complete the guided reading task on the webpage.</p>

11 – 11:15



2<sup>nd</sup> Breaktime - have a healthy snack and play.

11:15 – 12:15

### Maths

To understand lengths of time

1. I know how many seconds are in a minute
2. I know how many minutes in an hour
3. I know how many hours are in a day
4. I know how many days are in a week

Listen to - <https://www.youtube.com/watch?v=gEStq1e1Qrc>

Join in with my online lesson.

<https://www.youtube.com/watch?v=WxaxCtyFgro>

You will need to pause it throughout the lesson. You will need pencil and your book in front of you. (how long do you think a minute is? What can you do in the space of a minute?) write down on your piece of paper how many seconds are in a minute. Now write down a list of things that might take you about a minute.

How many minutes are in an hour? Write down how many minutes are in an hour. Make a list of things that might take you an hour.

How many hours in a day? Write this down and then make a list of all the things you might do in a day. Remember, it's 24 hours so allow time for sleeping!

How many days in the week? Write this down.

Look at the cards with different events on then. How long (roughly) do you think each one takes?

*(look back at the success criteria. Did you meet the success criteria? Which ones did you meet? Write the success criteria you met at the bottom of your work. If you can, think about what your next step could be. How could you improve your work?)*

Optional challenge – find out how many days in each month, how many months in a year and how many days in a year? What about in a leap year?

12:15 – 1:15pm



Lunchtime and playtime

1:15 -2:45pm



### Experience

To understand what is meant by a 'balanced diet'

1. I can explain which food groups we need more of
2. I can explain which food groups we need less of
3. I can find out what counts as our '5 a day'

Watch <https://youtu.be/7MIE4G8ntss>

What are the key messages from this video? Write them down in your book.

Look back at the Eatwell plate that you created on Monday. Which foods should we have less of and which foods should we have more of?

Next, research what counts as our 'five a day'? how much do we need to have of the food for it to count as one of our five a day?

This website can help you if you are stuck <https://www.nhs.uk/live-well/eat-well/5-a-day-portion-sizes/>

Test how much you have learnt so far about healthy eating by taking the 'healthy eating quiz'.

*At the end of the lesson, look back at the success criteria. Did you meet the success criteria? Which ones did you meet? Write the success criteria you met at the bottom of your work. If you can, think about what your next step could be. How could you improve your work?*

2:45 – 3pm



Story time – join Mrs Jones for storytime.

<https://www.youtube.com/watch?v=rkvkCCxCoes&t=39s>

Any questions, please email me at: [jfermor@four-  
elms.kent.sch.uk](mailto:jfermor@four-<br/>elms.kent.sch.uk)

Have a great day 😊 I look forward to seeing your fabulous work.