

Music

**To understand how to maintain the pulse using the voice and body.**

**Lesson 1 of 6: download**

Miss Miner



# To understand how to maintain the pulse using the voice and body

## Instructions:

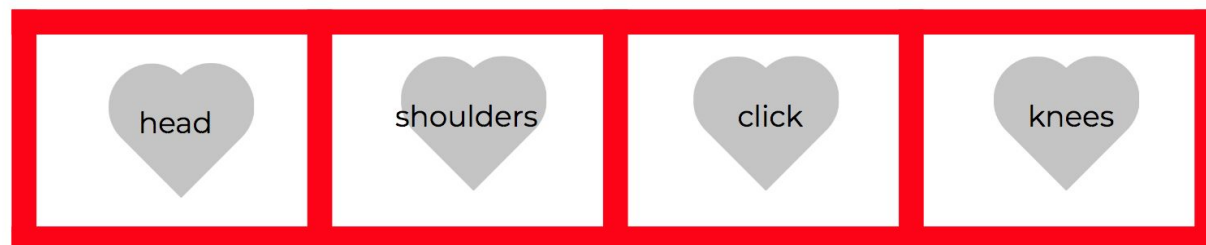
For this activity you are going to **compose** your own body percussion pattern to perform while singing 'Beautiful Drum'. I have included my example on the sheet.

Can you think of some different body actions for your pattern?

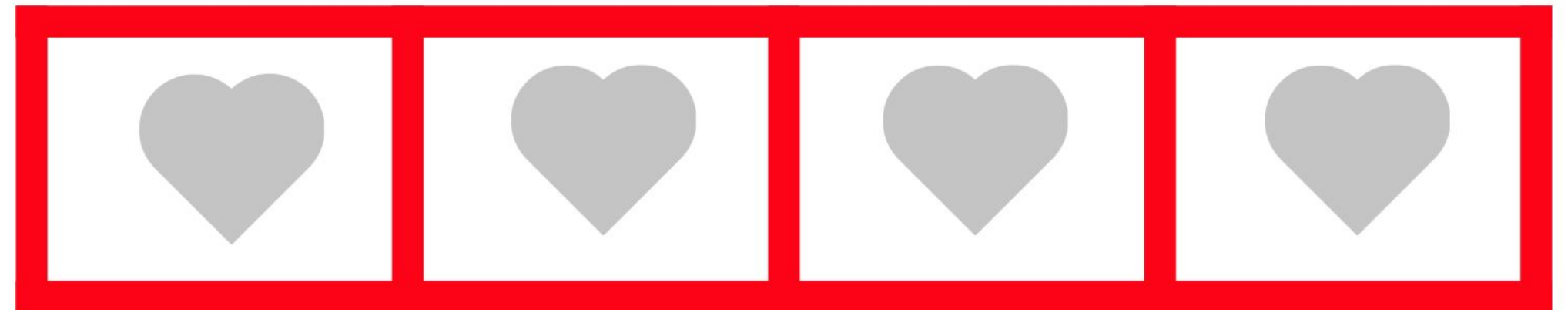
## Challenge:

Can you perform your pattern to another family member and keep a steady pulse?

Can you perform your pattern, subdividing each beat into two?



My example



Your pattern

