











- •WYRN: What's your real name?
- •HAK: Hugs and kisses
- •ASL: Age, sex and location
- •WTTP: Want to trade pictures?
- PAL: Parents are listening
- •KPC: Keeping parents clueless
- •ZERG: To gang up on someone
- •RU/18: Are you over 18?
- •LMIRL: Let's meet in real life
- POS: Parent over shoulder
- •9 : Parents watching

#### Benefits of the internet- Don't put them off!

- Educational games and programmes
- Research information
- The opportunity to communicate with people from all around the world
- The opportunity to share resources and ideas with people that have the same interests
- Shopping around the world without leaving your computer

### Risks of using the internet & new technologies

- Paedophiles use the internet to meet young people
- People lying to others online
- Bullying using the internet (Cyberbulling)
- Seeing inappropriate images and material
- Viruses/ pop ups
- Sexting- Youth produced sexual imagery
- People stealing personal information

#### Our Advice to you

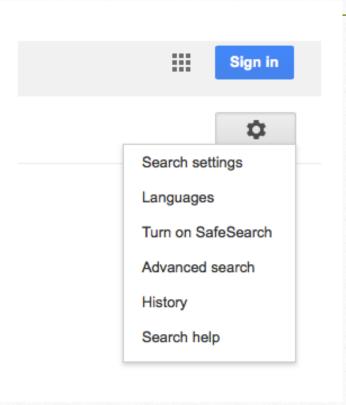
- Know what your children are doing online
- Ask them to teach you to use any applications
- Keep the computer in a family room this means you can keep more control of what they do (i.e. Webcams)
- Learn how to check web history and engage with technology
- Not endless amounts of screen time- Give them a time limit

#### Our Advice to you

- Help your children to understand that they should never give out personal details to online friends - personal information includes:
  - their messenger id
  - email address
  - mobile number and any pictures of themselves,
- If your child receives spam / junk email & texts, remind them never to believe them, reply to them or use them.
- Help them to understand the risks of what could happen if they send a picture of themselves to another person
- Set up a family email for websites children access

## What to do?

- Check history of websites children have viewed
- Turn on Safe Search in Google



### Parental controls

• <a href="https://www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls-offered-your-home-internet-provider">https://www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls-offered-your-home-internet-provider</a>

# Ipad controls

• <a href="https://www.gottabemobile.com/how-to-set-up-ipad-parental-controls-and-content-filtering/">https://www.gottabemobile.com/how-to-set-up-ipad-parental-controls-and-content-filtering/</a>

#### Further controls

- On demand TV- <a href="https://www.saferinternet.org.uk/advice-centre/parents-and-carers/safety-tools-online-services/tv-demand">https://www.saferinternet.org.uk/advice-centre/parents-and-carers/safety-tools-online-services/tv-demand</a>
- Web browsers- <a href="https://www.saferinternet.org.uk/advice-centre/parents-and-carers/safety-tools-online-services/web-browsers">https://www.saferinternet.org.uk/advice-centre/parents-and-carers/safety-tools-online-services/web-browsers</a>
- Social Media- <a href="https://www.saferinternet.org.uk/advice-centre/social-media-guides">https://www.saferinternet.org.uk/advice-centre/social-media-guides</a>

## Filtering is only part of the solution

• No filter or parental controls tool is 100% effective, and many of the risks that young people face online are because of their own and other's behaviour. It is therefore important to talk to your children about staying safe online and make sure they know that they can turn to you if they get into any difficulty.

### **CEOP**



• <a href="https://ceop.police.uk/safety-centre/">https://ceop.police.uk/safety-centre/</a>

# Digital footprint

- the internet is a public space with a large audience
- digital footprints can be searched or shared
- once online, things can be there forever
- you should always think before you post online
- you should keep certain personal details private
- individuals can take control of their digital footprints
- digital footprints can be helpful or harmful to reputations

# Social Media/ games

- Most you need to be at least 13 even though you do not necessarily have to verify your age. It's in the terms and conditions.
- Accounts should be private.
- Yellow
- <a href="https://www.net-aware.org.uk/">https://www.net-aware.org.uk/</a>

## Our website

• <a href="http://www.four-elms.kent.sch.uk/website/e\_safety/64162">http://www.four-elms.kent.sch.uk/website/e\_safety/64162</a>

### For more information....

- http://www.parentscentre.gov.uk/
- www.thinkuknow.com
- http://www.getnetwise.org/
- http://www.childnet-int.org/
- http://www.bbc.co.uk/webwise/
- http://www.iwf.org.uk/
- http://www.internetmatters.org/ageguides/videos.html
- http://facebook.com/safety