

**Private and confidential**

**Kent School Health Service**

Maidstone Studios  
Vinters Business Park  
New Cut Road  
Maidstone  
Kent  
ME14 5NZ

**Phone:** 0800 011 3474 Option 3(8am to 6pm)

**Email:** [kentchft.schoolhealthscreening@nhs.net](mailto:kentchft.schoolhealthscreening@nhs.net)

**Web:** <https://www.kentcht.nhs.uk>

**Date**

Dear Parent /Carer,

**NCMP – Height and Weight Measurement Year 6**

This letter is to invite you to participate in the annual National Child Measurement Programme (NCMP) that the School Health Team at Kent Community Health NHS Foundation Trust offer.

Each year in England, school children in Year 6 have their height and weight checked at school as part of the NCMP. Height and weight measurements are used to calculate your child's growth status. We collect this information because it builds a picture of how children are growing and helps plan better health and leisure services for families. This data also allows us to offer further support and advice about your child's weight. The NCMP will be carried out from January 2023 until the end of the summer term.

You can view a short video about the benefits of the NCMP here: [https://youtu.be/i8\\_mubVI6hk](https://youtu.be/i8_mubVI6hk)

The checks are carried out by trained health care professionals. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils. Please be aware that your child will not be made to take part if they do not want to or are unable to do so. We will contact you to let you know if this happens.

**If you do not want your child to take part in the NCMP, please inform us by Friday 16th December** using either the email address or telephone number at the top of this letter. You will need to provide us with your child's name, address, date of birth, school name and address so we do not screen your child.

If you have any questions relating to this letter or wish to discuss any health concerns which could impact on your child's education, please contact the School Health Team using the details at the top of this letter.

If you would like more information about the Kent Community Health NHS Trust School Health services please visit [www.kentcht.nhs.uk/service/school-health](http://www.kentcht.nhs.uk/service/school-health)

Information about how Kent Community Health NHS Foundation Trust collect and use information can be found at [www.kentcht.nhs.uk/legal/](http://www.kentcht.nhs.uk/legal/)

Yours faithfully

**Kent School Health Service**  
**Specialist and Public Health Division**

Chair John Goulston Chief Executive Mairead McCormick

Trust HQ The Oast, Unit D, Hermitage Court, Hermitage Lane, Barming, near Maidstone, Kent ME16 9NT

**Do you have feedback about our health services?**

**Phone:** 0800 030 4550

8.30am to 4.30pm, Monday to Friday

**Text:** 07899 903499

**Email:** [kentcft.pals@nhs.net](mailto:kentcft.pals@nhs.net)

**Web:** [www.kentcft.nhs.uk/PALS](http://www.kentcft.nhs.uk/PALS)

**If you need to speak to someone about your appointment, please contact the service directly using the details at the top of page one.**



**Patient Advice and Liaison  
Service (PALS) Kent Community Health NHS**